



Connecticut Institute For Communities, Inc.

CIFC: Strengthening Families, Building Communities

CIFC's Teaching Health Center Residency Program Graduates its Inaugural Class

On June 20th, CIFC's President and CEO, Jim Maloney, congratulated the graduates of CIFC's first class of Post-MD Residents specializing in Internal (Adult) Medicine Primary Care. Dr. Christopher Yambay, Dr. Naila Mirza, and Dr. Adnan Malik, have successfully completed their three-year Residency training as required by the American Board of Internal Medicine. "There is a growing national gap in terms of the number of primary care physicians, as compared to the need for primary care physicians; the teaching health center program is designed to address that gap. I am tremendously gratified that all 3 of our graduates are going to be maintaining their careers in primary care," said Mr. Maloney in a graduation address.



Left to Right: Hon. James H. Maloney, JD, CIFC's Pres & CEO; Grace Scire, JD, Residency Program Manager; Dr. Christopher Yambay, MD (graduate); Dr. Asha Marhatta, MD, MPH, Residency Program Director; Dr. Naila Mirza, MD (graduate); Dr. Adnan Malik, MD (graduate); Dr. Thomas F. Draper, MD, MPH, CIFC Director of Community Medicine; Dr. N. Magavi, M.D., Program Faculty; Dr. Kathleen Mauks, MD, Program Faculty; and Dr. Francis J. Muska, Ph.D., CIFC Board Chair.

CIFC's Greater Danbury Community Health Center (GDCHC), the only Teaching Health Center in Connecticut, launched its innovative community-based Internal Medicine Primary Care Residency training program in 2013. The program, which is accredited by the national **Accreditation Council for Graduate Medical Education** is unique in that it focuses on training residents in the Patient-Centered Medical Home (PCMH) practice model, placing patients at the center of their care. Residents receive extensive experience working with Greater Danbury's socioeconomically, ethnically and racially diverse populations through outpatient care at GDCHC and in-patient rotations at Danbury Hospital. GDCHC is recognized by the **National Committee for Quality Assurance** as a Level III (the highest rating) Patient Centered Medical Home. As of July 2016, GDCHC has 29 Internal Medicine Residents enrolled in its three-year program.

(continued on pg. 2)

CIFC Services and Projects

- Beaver Street Apartments Cooperative
- Danbury Armory Rehabilitation Project
- Early Learning Programs:
 - City of Danbury Head Start Center
 - Early Head Start of Northern Fairfield County
 - Head Start of Northern Fairfield County
 - School Readiness Program—Danbury
- Greater Danbury Community Health Center:
 - Pediatric and Adult Primary Medical, Dental, and Behavioral Health Care
 - Teaching Health Center
 - Women Infants & Children Nutrition Program
 - Medicaid, & Insurance Enrollment Assistance
 - School-Based Health Centers
 - SNAP Enrollment Assistance
- Harambee Center for Youth and Community Services
- Main St Danbury Health Center and Senior/Veterans Housing Development
- Danbury Community Facilities Collaboration
 - Community Center/Boys & Girls Club at the Former Danbury YMCA building
 - Nursery School for 140 students at 29 Park Ave
 - Danbury War Memorial improvements

Head Start of Northern Fairfield County Opens New Early Head Start Classroom



CIFC's newest classroom, which is located at 80 Main Street, adjacent to CIFC's WIC program, is an Early Head Start classroom for infants and toddlers. CIFC's EHS classrooms are designed just for this age group (6 months to 2 years, 11 months) with age appropriate resources. Professionally trained staff work hand-in-hand with parents to promote the physical, cognitive, social and emotional development of the infants and toddlers entrusted to our care.

CIFC's three Early Learning programs together serve children (and their families) from age 6 months to the time they enter Kindergarten (age 5).

Call 203-743-3993 for enrollment information.

First Residents' Graduation—*Continued from page 1*

Our inaugural graduates are: Dr. Christopher Yambay, Dr. Naila Mirza, and Dr. Adnan Malik. As Dr. Thomas F. Draper, MD, MPH, GDCHC Director of Community Medicine, said to the graduates, "We are magnificently proud of you and to know that you are caring physicians. That is really what the world calls for, caring physicians. You have set a high standard for all our future Residents to meet."

Dr. Yambay has "wanted to be a doctor since I was a kid." He grew up in Walkill, NY and completed his Pre-Med at Mount Saint Mary College in Newburgh, NY before receiving his Doctor of Medicine from Ross University School of Medicine. Dr. Yambay has joined GDCHC's medical team as an Attending Physician. He will also hold a dual appointment as an Instructor in our Residency Program.

Dr. Malik attended the University of Waterloo in Ontario, Canada, graduating with a BS in Biomedical Science before moving on to Ross University School of Medicine for his MD. He considers his Residency his biggest challenge in life thus far. This coming year, he will be joining Baylor College of Medicine in Texas to complete a Fellowship in Geriatric Medicine.

Dr. Mirza is from Mississauga, Ontario, Canada. Also a graduate of Ross University School of Medicine, Dr. Mirza has lived in many different countries and experienced many different cultures. She says "the idea of public service truly has been my passion." Dr. Mirza will continue her medical journey by pursuing a Fellowship in palliative care and Hospice specialty at Hofstra University on Long Island, NY.

"CIFC has an external mission of providing health, education, housing, and community development services to our community. We also have an internal mission as a community development corporation: we want the people in our organization to develop along with the communities we work to improve. This is the first time in our history that the Connecticut Institute is issuing academic certificates/diplomas – it is not only a landmark occasion for the three physicians we graduate, but it's also a landmark for CIFC as an Institute." said Maloney.



Our Graduates (center 3)

Dr. Christopher Yambay, Dr. Naila Mirza, & Dr. Adnan Malik

with Dr. Asha Marhatta, MD, MPH, Program Director (left) and Grace Scire, JD, Program Manager (right)

CIFC Welcomes New Leaders



Dr. Kristine M. Lisi, M.D.

Medical Director: The Greater Danbury Community Health Center (GDCHC), sponsored by Connecticut Institute For Communities (CIFC), is pleased to announce that Dr. Kristine M. Lisi, M.D. has joined the Health Center as GDCHC's new Medical Director/Chief of Internal Medicine. Board Certified in Internal Medicine, Dr. Lisi has extensive experience working as a Primary Care

Physician at the University of Massachusetts Memorial Community Network, as Assistant Professor at Quinnipiac University School of Medicine, and from 2012 as Medical Director of the Family Health Center at St. Vincent's Medical Center.

Dr. Lisi takes a passionate, holistic approach to healthcare. When asked to elaborate, she said, "it means you have to understand that a patient is a person - body, mind and spirit, not just a disease. If you want your patients to become well, particularly with diseases like diabetes, high blood pressure, obesity and other chronic conditions, you have to understand the social, emotional and financial barriers they might be facing, and then help them find solutions." We look forward to Dr. Lisi's leadership as we work to continuously strengthen the healthcare system in our region.

Chief Financial Officer: Connecticut Institute For Communities is pleased to welcome Elizabeth (Liz) A. Martucci, CMA, as CIFC's new Chief Financial Officer. Liz is a graduate of Rochester Institute of Technology with a degree in Accounting and holds an MBA from Western Connecticut State University. She has over 20 years of financial executive experience, primarily with Pitney Bowes. During that time she worked with complicated budgetary systems as well as collaborating with and supervising financial professionals in varied areas of corporate fiscal operations.

A longtime member of the Greater Danbury community, Liz lives in New Fairfield with her husband, Brian, and their two children. After working in the for-profit arena, Liz moved to the non-profit sector

with a passion to "give back to the community" and to use her expertise and experience "to work hard for social programs." We are delighted that Liz has chosen to join our dedicated executive team.



Elizabeth A. Martucci, CMA

SHOWCASE: CIFC/GDCHC's Women, Infants & Children (WIC) Nutrition Program

On August 2nd, the WIC Program was recognized as a "Breastfeeding Friendly Employer" by the Connecticut Breastfeeding Coalition. CIFC and CIFC's WIC program know that breastfeeding can benefit both mother and baby by lowering

obesity and infectious/chronic disease risks. Private spaces, flexible break times and a supportive work culture improve the health and well-being of employees, their children and clients.



Left: WIC employee & expectant mother, Ruby Vasquez, assists a pregnant WIC mother to transition to WIC's new eWIC debit card based system (rolled-out in June state-wide).



Above: WIC nutritionists & colleagues field-trip with Ruby to test out the new eWIC debt system at a local grocery store. (It worked!)

CIFC and Danbury Hospital Join Forces at 70 Main Street, Danbury, CT

On July 18, 2016, Dr. John M. Murphy, MD, President & CEO of Western Connecticut Health Network, and Hon. James H. Maloney, President & CEO of Connecticut Institute For Communities (CIFC), sponsor of the Greater Danbury Community Health Center (GDCHC), announced that Danbury Hospital's Seifert and Ford Family Health Center has consolidated into CIFC's Greater Danbury Community Health Center.



CIFC/GDCHC is a federally qualified health center ("FQHC") that provides a comprehensive range of primary care services, including medical, dental and behavioral health services, on a sliding fee basis, to people of all ages: children, adolescents, adults and seniors. Everyone is welcomed. Its mission is to ensure affordable, accessible, comprehensive, high quality health care to the residents of the Greater Danbury area, regardless of their ability to pay or their insurance status.

At the Ribbon Cutting: From left to right: Alan Clavette, CPA, CIFC Board Member; Debbie Henriques, RN, Lead Nurse; State Rep. David Arconti; Holly Danise, CIFC's HR & Operations Manager; Danbury City Councilman Fred Visconti; State Rep. Bob Godfrey; Hon. James H. Maloney, J.D., CIFC's President & CEO; Danbury City Councilman Duane Perkins; Dr. John M. Murphy, MD, President & CEO of Western CT Health Network; Dr. Thomas F. Draper, MD, MPH, CIFC's Directory of Community Medicine; Richard Molinaro, MS, CIFC's Board Vice-Chair; Danbury City Councilman Paul Rotello; Roger Palanzo, representing Danbury Mayor Mark Boughton; Mr. Scott Leroy, City of Danbury Health Director; Dr. William Delany, MD, Danbury Hospital Internal Medicine Residency Program; and Carla Fontes, GDCHC Operations Manager.

This change will produce many positive benefits, including:

- ◆ Providing a Primary Care Medical Home that best serves the primary health care needs of each patient.
- ◆ Increased number of Primary Care Physicians on staff.
- ◆ Increased hours of operation for more convenient access.
- ◆ A federally subsidized pharmacy program that provides discounted prescriptions.
- ◆ Integrated Electronic Health Records that follow the patient, increasing care efficiencies and quality controls across all providers and locations.
- ◆ Expanded access to sub-specialty care.
- ◆ Convenient location for patients, ample free parking, and easy access to local mass transit.
- ◆ A more fiscally sustainable model to serve the long-term needs of our community. *(continued on pg. 5)*



Patient Entrance from 70 Main St. Parking Lot

CIFC/GDCHC

Clinical Sites

- ◆ 70 Main Street
- ◆ 57 North Street
- ◆ 37 Foster Street
- ◆ Mobile Health Van
- ◆ School Based Health Centers (5):
 - Newtown Middle School
 - Henry Abbott Technical High School
 - Danbury High School
 - Rogers Park Middle School
 - Broadview Middle School

SOON: 120 Main Street—clinical site and Institute office building is under construction.

Allied CIFC Health Programs:

- ◆ Women, Infants & Children (WIC) Regional Nutrition Program
- ◆ Supplemental Nutrition Assistance Program (SNAP) Enrollment Services

Newtown Savings Bank finances final \$3 Million stage of a 10 year renovation project for CIFIC's Beaver Street Apartments Cooperative

On June 9th, Newtown Savings Bank's executives joined CIFIC's CEO and our Facilities Director to announce the launching of major renovation projects at the **Beaver Street Apartments Cooperative** financed by a \$3,000,000 mortgage loan from the Bank.

Beaver Street Apartments Cooperative (BSAC), managed by CIFIC, is the only low-income family housing cooperative in Western Connecticut, with 70 units accommodating approximately 300 residents. The **Newtown Savings Bank** funding will provide re-roofing of the Cooperative's buildings, replacement of aging boilers, the installation of permanent smoke and carbon detectors in every apartment, the internal rehabilitation of many individual apartments, and major expansion of the on-site parking lots. This is a significant commitment to insure affordable housing in the Danbury community.

Newtown Savings Bank (NSB) has long been committed to investing in the health of



the communities where they do business, by providing support and financial resources that benefit strategic sectors like this affordable housing initiative, as well as education, community economic development, and health & human Services. NSB serves over 200 not-for-profit organizations through various efforts including encouraging their employees to provide community service hours. They are a true community partner.

CIFIC has been the Managing Agent of the Beaver Street Apartments Cooperative since 2005. Through CIFIC's oversight, BSAC was able to stop a threatened foreclosure and return the property to financial stability. Since then, CIFIC has led a comprehensive administrative and physical revitalization of the Cooperative, including its fiscal and managerial processes. In 2014, after HUD conducted a very comprehensive on-site Management and Occupancy Review, the Beaver Street Apartments Cooperative earned an Overall Rating from HUD of "Above Average", with General Management Practices rated as "Superior".



Left to Right: Richard Palanzo, CIFIC's Facilities Director; Anthony F. Giobbi, NSB Senior Vice President & Chief Lending Officer; Mary Jascha, NSB Vice President, John F. Trentacosta, Newtown Savings Bank's President & CEO; and Hon. James H. Maloney, J.D., CIFIC President & CEO

CIFIC and Danbury Hospital - Continued from page 4

Dr. John M. Murphy, MD, the President & CEO of Western CT Health Network, and a partner in this unification remarked, "Ultimately I think what has resulted is we've got a great clinic with better hours, more physicians, access to specialty care, a better pharmacy program ... I think it is a much more holistic solution from what was previously a very good but very fragmented system."

CIFIC's President & CEO, Hon. James H. Maloney, J.D. said, "This unification is a result of the collaborative work of Danbury Hospital, the City of Danbury Health Department and CIFIC. This event marks a real milestone in what has been and will continue to be a multi-year effort to reorganize and strengthen community health care in the city of Danbury and the Danbury area." In addition to primary medical, dental, and behavioral health care services, the 70 Main Street location, now referred to as **GDCHC South**, will provide prevention and education services, screenings, immunizations, case management, referrals, follow-up, and enrollment assistance for Medicaid, Medicare and third party insurance through Access Health CT.



GDCHC South viewed from Main St.

Strengthening Families, Building Communities.

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**Connecticut Institute For
Communities, Inc. (CIFIC)**

7 Old Sherman Turnpike
Suite 200

Danbury, CT 06810

Phone: 203-743-9760

Fax: 203 -743- 3411

E-mail: info@ct-institute.org



United Way
of Western Connecticut



Connecticut Institute For Communities, Inc.
7 Old Sherman Turnpike, Suite 200
Danbury, CT 06810

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Connecticut Institute For Communities, Inc. (CIFIC) is dedicated to advancing our service area communities, and fostering greater opportunities for low and moderate-income individuals and families, by providing high quality health, education, housing and economic development services that strengthen families and build communities.

If you would like more information about Connecticut Institute For Communities, Inc., or any of our Programs, contact Debbie Channing, Director of Planning and Communications, at 203-743-9763 ext 212, or channingd@ct-institute.org.

President's Corner

Dear Friends and Neighbors:

So much is going on at the Connecticut Institute For Communities that this newsletter contains an extra two pages of important news. It also demonstrates the full range of services provided by CIFIC, with interesting news about:

- ◆ Our Greater Danbury Community Health Center;
- ◆ Our innovative Post-MD Internal Medicine Residency Program;
- ◆ Our Early Learning Programs, especially our expanding Early Head Start program for infants and toddlers;
- ◆ Our regional Women, Infants and Children (WIC) program;
- ◆ Our physical development activities, including our extensive work at the Beaver Street Apartments Cooperative, preserving affordable housing in downtown Danbury;
- ◆ And the addition of our two new, highly qualified leaders within the Institute .

I hope you will find the stories interesting and informative. If you have any questions or comments, please let me know.



Hon. James H. Maloney, J.D.
President & CEO

Standing in front of CIFIC's new
Health Center/HQ Building
120 Main St., Danbury

Best Regards, *JM*

Health • Education • Housing • Economic Development